



## "Corn Flakes"

Choreographed by Antonella Baldo Capilvenere  
(Year 2024)

Phrased choreography:

Part A 32 counts - Part B 32 counts - Tag 16 counts - Final 8 counts

Level: Intermediate

Walls: 2

Sequence:

A-A-Tag-Tag-B-B-A-A-Tag-Tag-B-B-B-B-A\*-B-B-B-Final

Music: "Whatever it takes" by Milow (BPM 93)

YouTube music links:

[https://youtu.be/5Yy3uEOPR9I?si=3ErdZ\\_PouP75\\_q9b](https://youtu.be/5Yy3uEOPR9I?si=3ErdZ_PouP75_q9b)

### **Stepsheet created and translated by Antonella Baldo Capilvenere**

YouTube tutorial: <https://youtu.be/5Sf-FxXTHi8>

YouTube only dance: [https://youtu.be/m\\_dY9Wp4Aik](https://youtu.be/m_dY9Wp4Aik)

**Clock hands positions refer to the the 1<sup>st</sup> wall (starts at h 12:00).**

**Intro:** 8 counts - Start dancing begin on lyrics

#### **PART A (only h 12:00)**

##### **SEC 1: HEEL ROCKING CHAIR, STEP, SCUFF, STEP, SCUFF**

1 2 3 4 Right heel touch forward, recover on left, right rock back, recover on left  
5 6 Right step forward (slightly diagonally forward to right), left scuff next to right  
7 8 Left step forward (slightly diagonally forward to left), right scuff next to left

##### **SEC 2: HEEL ROCKING CHAIR, PIVOT, HOOK, PIVOT, SCUFF**

1 2 3 4 Right heel touch forward, recover on left, right rock back, recover on left  
5 6 ½ turn left and right step back, left hook forward (h 6:00)  
7 8 ½ turn left and left step forward, right scuff next to left (h 12:00)

##### **SEC 3: HEEL ROCKING CHAIR, STEP, SCUFF, STEP, SCUFF**

1 2 3 4 Right heel touch forward, recover on left, right rock back, recover on left  
5 6 Right step forward (slightly diagonally forward to right), left scuff next to right  
7 8 Left step forward (slightly diagonally forward to left), right scuff next to left

##### **SEC 4: JUMPING OUT, HOOK, JUMPING OUT, HOOK, JUMPING ROCK BACK, RECOVER, STOMP UP X 2**

1 2 Jump and open right leg behind by turning ¼ right (h 1:30), left hook forward returning in front (h 12:00)  
3 4 Jump and open left leg behind by turning ¼ left (h 10:30), right hook forward returning in front (h 12:00)  
5 6 Jump with right rock back (with left kick forward), recover on left  
7 8 Right stomp up beside left, right stomp up beside left

#### **PART A\***

*Replace only the 4<sup>st</sup> section:*

##### **SEC 4: KICK, CROSS, UNWIND FULL TURN, HOLD X 4**



- 1 2 Right kick forward, right cross over left
- 3 4 Left unwind full turn (weight to left)
- 5 6 7 8 Hold x 4

## **PART B**

### **SEC 1: JUMPING CROSS AND RECOVER X 2, JUMPING ROCK BACK, RECOVER, STOMP UP X 2**

- 1 2 Jumping cross the right over left, recover on left
- 3 4 Jumping cross the right over left, recover on left
- 5 6 Jump with right rock back (with left kick forward), recover on left
- 7 8 Right stomp up beside left, right stomp up beside left

### **SEC 2: TWISTER KICK ½ TURN, SKATE, HOLD, SKATE, HOLD**

- 1 2 3 4 Right kick forward, recover on right by turning ½ left (h 6:00) and left flick back, left kick forward, recover on left
- 5 6 Right skate forward, hold
- 7 8 Left skate forward, hold

### **SEC 3: KICK, JUMPING JAZZ BOX, KICK, JUMPING JAZZ BOX**

- 1 2 3 4 Right kick forward, cross the right over left, left step back, right step to right side
- 5 6 7 8 Left kick forward, cross the left over right, right step back, left step to left side

### **SEC 4: HEEL TOUCH X 2, TOE TOUCH, HOLD, JUMPING OUT-IN-OUT-IN**

- 1 2 Right heel touch diagonally forward, right heel touch diagonally forward
- 3 4 Recover and left toe touch back, hold (weight to left toe)
- 5 6 Jump and open both feet turning ⅛ right (right diagonal h 7:30), jump and close both feet turning ⅛ left (returning h 6:00)
- 7 8 Jump and open both feet turning ⅛ left (left diagonal h 4:30), jump and close both feet turning ⅛ right (returning h 6:00)

## **TAG (only h 12:00)**

### **SEC 1: STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, SCUFF**

- 1 2 Right step forward, lock the left behind right
- 3 4 Right step forward, left scuff next to right
- 5 6 Left step forward, lock the right behind left
- 7 8 Left step forward, right scuff next to left

### **SEC 2: JUMPING ROCK ¼ TURN, RECOVER, JUMPING STEP ¼ TURN, HITCH, COASTER STEP, HOLD**

- 1 2 Jump while rocking forward with right by turning ¼ left (h 9:00), recover on left returning in front (h 12:00)
- 3 4 Jump while step back with right by turning ¼ right (h 3:00), left hitch returning in front (h 12:00)
- 5 6 7 8 Left step back, right step beside left, left step forward, hold

## **FINAL (h 6:00)**

### **SEC 1: HOLD X 4, KICK, CROSS, UNWIND ½ TURN**

- 1 2 3 4 Hold x 4
- 5 6 Right kick forward, right cross over left
- 7 8 Left unwind ½ turn (returning in front h 12:00, weight to left)

